



# Camp Mattatuck

Cub Scout Day Camp  
Program Guide

2019

More fun than imaginable  
awaits YOU at one of the  
greatest Boy Scout Reservations  
the BSA has to offer!

Join us this summer!

Hello and Welcome to Camp Mattatuck,

At Camp Mattatuck, our goal is to develop Character, Citizenship and Fitness in future world and local leaders by instilling the values of the Scout Oath and Laws.

This guide will help you plan for your unit's week at summer camp. We hope you'll take this occasion to read it and familiarize yourself with the program and opportunities available so you can better answer your scouts' and parents' questions, as well as your own. There are a number of changes, so look carefully. You'll find all the programs we will offer this summer listed inside. The staff at camp is there to serve; if you can't find what your unit is looking for, ask us about it and we'll see what we can do for you.

Units will definitely need to prepare their scouts before camp by going over personal equipment lists. Camp is in good shape and we look forward to meeting all the needs of your scouts, patrols, and troop that we can. We can be found on the Internet through [www.campmattatuck.org](http://www.campmattatuck.org). More information and resources, including on-line registrations and payments are available on the Council website: [www.ctrivers.org](http://www.ctrivers.org).

Our *summertime* contact information is:

Camp Mattatuck  
221 Mount Tobe Rd.  
Plymouth, CT 06782  
Tel 860-283-9577 Fax 860-283-9577

Our Camp Director, Jeromy Nelson, can be reached at  
[Jeromy.Nelson@scouting.org](mailto:Jeromy.Nelson@scouting.org)

Yours in Scouting,

The Camp Mattatuck Staff

## **What's New??**

The summer of 2018 was a roaring success! The Staff had a blast guiding and inspiring the Scouts to reach higher than they ever had before. In 2019 we will continue to do the same! This summer will feature many new programs for the Scouts that are sure to put the exclamation point on the summer we are all looking for! Some of the new programs include: return of the slip and slide, edible plants and so much more!

## **Wednesday Night Barbeque/Campfire**

Our visitor night will be offering a barbecue served from our Dining Hall. This will be available from 4:30pm to 7:30pm for scouts, their families and other guests. The menu includes burgers, hot dogs, corn, and watermelon. Tickets are \$10 dollars per head for an all you can eat buffet. If not having dinner via Dining Hall parents can bring dinner. The Campfire will kick off at 8:00pm sharp. (More info on this can be found in the parent's night section).

### **Payments**

**Fees are \$250 if paid in full by May 15, \$300 after.** Every Scout will receive a t-shirt, patch, and water bottle. Cub Scout age siblings are invited to register and attend. Every Scout from Packs that send an adult each day per every eight Scouts will receive a \$50 refund after camp. These adults can serve as den walkers or as an instructor in one of our program areas.

ALL deposits and subsequent payments for camp **MUST** be made online through your MyCouncil page on the CRC website. Payments may be in the form of an E-Check or credit card. There is no charge to the unit using this method of payment.

### **2019 Connecticut Rivers Council Summer Camp Refund Policy**

The Connecticut Rivers Council must commit financial resources to purchase equipment, hire staff, and otherwise prepare to provide the high quality programs in our camps they have come to be expected well in advance of the camps opening for the summer.

Participants therefore must also make a financial commitment to attend. Refund requests made before July 15th the fee will be reimbursed minus the cancellation fee of \$25. Requests after July 15th fee will be reimbursed minus the cancellation fee of \$50.

All requests for refund consideration are to be in writing and sent either in the form of a letter or email to:

Connecticut Rivers Council  
Attn: Michele Soboslai  
60 Darlin St,  
East Hartford, CT 06108  
860-913-2752 Michele.Sobosali@scouting.org

## **Background Information**

### **The Camp**

Camp Mattatuck, (the Native American word for hills without trees), is located in scenic Plymouth, CT where it opened for summer camp in 1939. The camp sits on a beautiful 500-acre property just outside of the city of Waterbury, roughly the midway point between Boston, Massachusetts and New York, New York. Over the course of the summer 1,500 scouts spread over a 5-week period turn the camp into home. This includes a Cub Scout Day Camp, Cub Scout Resident Camp, Webelos Resident Camp and a Boy Scout Resident Camp. Scouts reside in two or four man wall tents set on platforms with bunks and mattresses, in one of our unit campsites. The dining hall provides scouts with three square meals a day nutritionally balanced and prepared by a chef and his staff.

Once at camp the available activities are astounding. Take a hike down to our shooting ranges and try your hand with our bb/pellet or bows and arrows. If that's not your speed take a walk up the hill and try out our bouldering wall, or take a hike around our lake on one of our many Mattatuck hiking trails. Stop by Scout-Craft and try your hand at lighting a fire or making a delicious dessert. If you're feeling a little more adventurous the bouldering wall is a quick walk away. If you'd rather relax head to the trading post and grab a soda, slushy or an ice cream and play a giant game of jenga or chess on our extra-large sized boards. The Nature Center is always looking for the biggest fish so bring your fishing pole and land the big one. Camp Mattatuck offers something for everyone young and old, come pay us a visit and let your Adventure begin.



### **The Staff**

The Staff of Camp Mattatuck take pride in their work. We spell STAPH with a PH because much like the disease, being a staph member at camp is infectious. We take youth leaders from local Boy Scout Troops and Venturing Units, selected by Connecticut Rivers Council, and provide them with the tools to develop into future world and local leaders. Many of them view camp as a home away from home, and their love of what they do shines through in the programs they teach.



## Camp Mattatuck, Scouts BSA, Cub Scout Day Camp Program Guide 2019

Our department directors and camp director are trained by Boy Scouts of America National Camping School. These directors spend time at the beginning of each summer training their staff to be successful in the areas they will teach over the course of the summer. This ensures that no previous experience is required to become a staff member, and develops youth into leaders who can serve at any troop level. They can be trusted with responsibilities of teaching, running program, and working alongside your adult leaders to more successfully deliver the program envisioned by Baden Powell.

Our staff has a vision of delivering service with a smile to make your units experience at camp the best it can be. If you need particular accommodations, ask, and our staff will do their best to either find you an answer or a solution to your problem. If there are particular programs you would like to see, ask, and we will do everything in our power to provide it for you.

Your unit is what our staff works to benefit both in and out of camp. They are driven, passionate, creative, and always willing to lend a hand. Working at camp is an experience unlike any other. If any of your scouts or scouters are interested in this opportunity, encourage them to apply on our website: [www.campmattatuck.org](http://www.campmattatuck.org). We would be happy to have them aboard!

### **Leadership Orientation**

There is a pre-camp planning meeting held at Camp Mattatuck, in 49rs pavilion on July 5<sup>th</sup> at 5:30pm. Any and all Den Leaders planning on spending any time at Camp should attend.

You should bring the following to the pre-camp meeting with you:

1. Special needs for participants (diets, activities, medical needs, etc.)
2. Scouting spirit, excitement, and a list of what you'd like to know
3. An accurate number of Scouts and adults in Camp (unit roster)

### **Once You Arrive**

#### **Check-in**

Check-in starts at 8:00am on Monday. Park your vehicle and go to the table stationed at the end of the pine grove.

We will need:

- A complete BSA Annual Health form. This is a must and Scouts will be sent home without one. Blank forms can be found at [www.CampMattatuck.org](http://www.CampMattatuck.org) under "Summer Camp" then scroll to the bottom.
- Any balance must be paid online at [www.ctrivers.org](http://www.ctrivers.org) or in our trading Post.
- Any medication that needs to be administered during the week.

## A Typical Day

The day starts out with opening flag at 8:45am. Introductions of the staff will take place during this time to familiarize the Scouts with the friendly faces that'll make their Camp Mattatuck experience one to remember! After this the Dens will all visit a different area of our fun filled Day Camp. Learning how to safely build fire at Scout-Craft, or cooling off at the Waterfront, every Scout is sure to have a day they will never forget! The day will be wrapped up by our closing flag ceremony that will take place at 4:40pm, which will be immediately followed by checkout, beginning be at 4:45pm.

## Program Section Department Area

**The Nature Center** is open for scouts to visit. Our staff works hard to set up displays and activities that get the scouts involved with nature and conservation. Programs such as nature hikes, edible plants, and conservation projects are what awaits.

### Aquatics

At our waterfront Scouts will take a splash in the beautiful waters of our Lake Kenosha. Changing stations are available right at the waterfront for scouts to change clothes after swimming.

### Archery/BB (Shooting Sports)

Scouts are instructed in the safety of shooting. Scouts must have an annual orientation at each range before they are allowed to use the equipment. On the Archery Range, scouts are shown the proper and safe use of archery equipment. For a number of reasons, scouts and adults are not allowed to bring any kind of bow or arrow to camp. The BB range offers 8 bays for scouts to improve their marksmanship. Under NO circumstances can anyone bring firearms or ammunition to camp. Hints from our trained staff will certainly improve a scout's aim. The Slingshot range gives scouts the opportunity to try to hit unique targets. All materials needed for slingshots are provided at camp, as well as 1:1 staff supports for each scout shooter.



**ScoutCraft** area offers a wide range of skills and demonstrations for scouts and units. Activities such as flag etiquette, knots and lashings and cooking!

### **Handi-Craft**

At Handi-Craft Scouts will get creative and design their own works of art including tie-dye shirts. Please see the attached “Camp Mattatuck Tie-Dye Shirt” order form for more information.

**Packs are responsible for supplying their own shirts for Tie-dye!**

### **Sports and Games**

Scouts will have the opportunity to participate in special programs like bouldering, mountain biking and much more!

#### **Program at a Glance**

If you have any questions or concerns regarding the Program Guide or Camp, please make a list and feel free to ask about it at the Leader Orientation.

#### **Parent’s Night**

Wednesday night is Parent's Night. Because Camp and Unit programming is going on other times during the week, we ask that visitors and parents only come up on Wednesday night. Parents are invited to come up at 4:30pm for the fun. Picnic tables are available in the Picnic Grove on a first come-first serve basis. Parents can either bring their own dinner and eat with their Scouts at these tables, or families can sign up for the barbecue (in our Trading Post) at \$10 a person (which is served on the front porch of the Dining Hall.) Afterward at 8:00pm, the scouts and staff put on a camp wide campfire in our Amphitheater at the bottom of the hill. Come up and join in on the fun, singing, cheers, stunts, and skits. You never know what lunacy the Scouts and staff might be up to. Remember: “You're never too old to embarrass yourself.” (If not planning on participating in these activities Scouts must be picked up by the regular pickup time of 4:45pm) There will be a small campfire for the Day Camp Scouts to how off their skits and songs, this will begin at 5:15pm in the parade field.



## **Important Unit Leader Information**

### **Youth Protection**

For adults, Youth Protection Training is offered on-line by the National Council any time year-round. Access, it through your “MyScouting” account. Please take this training at home so that you can spend time at camp doing all the great outdoor programs that Camp Mattatuck has to offer

### **Unit Leadership**

Units in camp must be under the supervision of their adult leaders and must have at least two leaders in camp at all times. One leader must be at least 21 years of age, the other at least 18, and both **approved** by the unit's Chartering Organization. Although we know it is difficult for an adult to take a week to come to camp, to do otherwise is tough on the Scouts. We must ensure that each Scout has a quality experience. That happens only when a full time leader is there. We take a great deal of time to explain camp; its operation and program. When a pack has rotating leadership, the troop suffers and new leaders don't know what to expect.

### **Special Skills**

Do you or other parents in your pack have special skills or talents that could enrich the program we offer? If you do and are willing to share time and talent during the week your unit is at camp, we can work out a schedule that will permit you to attend to your duties as a unit leader as well as sharing your skills with Scouts from other packs. Some scoutmasters help with the morning activities or with an afternoon merit badge. These valuable adults help lower our Leader to Scout ratio and bring a special flavor with their experience and stories. Other adults spend the week learning skills they always wanted through the Adventures offered. Please help us and take advantage of what we have to offer.

### **Trading Post**

The Trading Post at Camp Mattatuck sells: scouting supplies, patches, candy, soda and ice cream. The Trading Post will be available for den leaders to pay for tie-dye t-shirts, and camp fees. It will be open during Den Time on Monday, Tuesday, and Wednesday, as well as varying times throughout the day. Scouts can only attend with appropriate leadership. (Trading Post hours are subject to change with little to no notice)

### **Health Lodge**

Camp Mattatuck's Health Lodge is covered 24 hours a day by a registered nurse. If a Scout or adult has to take medication during camp, the Camp Nurse must dispense it (State of CT rules for youth camps). **All** medication for scouts and adults is to be checked in during the medical recheck on Sunday. The Nurse will dispense any medication in camp.

Immediately after meals is the normal time for routine medical problems, giving out medication or changing a bandage. If a scout is seriously injured, send two messengers to the health lodge and aid will be sent to you. Do not attempt to move a seriously injured person. The escorts should at least be older scouts, preferably adults.

### **A word on medication in camp**

The Connecticut Department of Public Health is very stringent with what campers may and may not have in their possession while at camp. **All** prescription medications must be in original pharmacy containers labeled with name of patient, date prescription was filled, pharmacy phone number, name of medication, dosage and schedule for taking, prescribing doctor and expiration date of medicine.

This is especially important for controlled drugs like Ritalin and mood-changing drugs like Prozac. *NO MEDICATION* is allowed in zip-lock bags or little jars or envelopes with the scouts name and “*take yellow pill once a day*” labeled on it. This is for prescription and over-the-counter drugs alike. Unit Leaders should also have a dosage schedule for each scout so that they can remind the scout to take their medicine.

Pharmacists are very good about making a labeled pill bottle for parents who prefer to send only what is needed for the camp period - both over-the-counter and prescription drugs.

State regulations require that no prescription or non-prescription medication be administered without current, annual, written, parent and MD permission. Parent permission and other state-required information such as allergies, side effects, and start/stop dates must be obtained for each medication. Please fill out a separate State of CT form for each medication taken at camp; it is similar to those used by most schools.

We ask that those with serious allergies requiring emergency medications have an action plan completed by their physician. Most allergists are familiar with these plans. Unit Leaders may have first-aid kits but the nurse, with no exceptions, **MUST** see all injuries.

### **Emergencies**

If a serious problem occurs outside camp and a scout or adult needs to be reached, the Camp Office should be called. The number is (860) 283-9577 and a message will be given to the person when they are located.

### **Pack Equipment**

Suggestions for your Pack equipment:

- Completed Medical Form
- Any medications needed during the day with original prescription label.
- Towel
- Bathing suit
- Change of clothes
- Hat
- Water bottle
- Sunscreen (cream only, no sprays)
- Bug repellent

**Bring your own paper bag lunch and drink. Label the outside of the bag with the Scout's name. We will refrigerate them. Please note on the bag if peanut/nut products are included.**

### Pictures

Pictures will be taken on Tuesday at the end of the day. Den Leaders, please be sure to arrange your scouts by height (tallest to shortest). Den Leaders who wish to have a picture may purchase one for \$8.00. Campers who wish to purchase additional den photos may also do so for \$8.00. **Order forms can be submitted to the Day Camp Office by Tuesday morning, and payment can be made at the Trading Post.**

We will call for pictures by den. Please have your scouts walk in order tallest to shortest to the photo area.

### Directions

Camp Mattatuck is on Route 262 / Mt. Tobe Road in Plymouth CT.

From Rt. 6 in the Center of Plymouth, it's 3 miles south on Route 262 on the left, just past the Waterbury Airport and just before Gentile's Campsites.

From I-84, take Route 8 North in Waterbury and take the Route 6 East, Exit 39. At the bottom of the ramp, turn right. Follow till the 1<sup>st</sup> traffic light/top of the hill; turn right on Route 262, Camp is 3 miles on the left past the Waterbury Airport and just before Gentile's Campsites.

### Leaving Camp

When the Pack checks-in day after day, the leader should hand in a list of any scouts and/or adults that will be coming up or leaving, and what day and time. Also, remember that anyone that includes adults, staying in camp for even one day must have a current (in date) medical form filled out and on file at the Health Lodge. The State of Connecticut, Camp Mattatuck, Connecticut Rivers Council and Boy Scouts of America are very concerned with the safety of the youth in our care, so . . . We must insist that when a scout is signed out of camp, a unit leader is present with the scout in the camp office so the staff sees that the Unit is aware that the scout is leaving and to help verify who is picking up the scout. Also, the person picking the Scout up may be asked to present a picture form of ID (driver's license). Please let parents know about this policy so that nobody is surprised by it or the time it may take. After all, it is for the safety of the scouts.

### Checkout

The day will be wrapped up by our closing flag ceremony that will take place at 4:40pm, which will be **immediately followed by checkout at 4:45pm.**

### Restrictions

There are certain things not allowed at Camp for the health and safety of everybody, including:

No pets (This includes check-in)  
No alcohol or drugs  
No mini-bikes or personal bicycles  
No smoking in front of scouts  
No personal firearms, ammunition  
No personal archery equipment  
No fireworks  
No bare feet walking around camp

### Valuables

Camp Mattatuck, its Staff and Connecticut Rivers Council will not be responsible for individual camper or Unit valuables while in camp. Here are some tips:

1. Advise Scouts to bring as few valuables as possible (leave the electronics home).
2. Advise your Scouts they are not to walk through another unit's area. Also other scouts should not be walking through your area.
3. Tells the Scouts that storing money & watches in their shoes at the waterfront is not thrifty.
4. Don't leave personal or Unit objects lying around the site to cause anyone temptation.

*See you*  
*this summer!*

The Camp Mattatuck Cub Scouting Team:

Joanne Bodie

Program Director Of Day Camp

**Unit Checklist for Summer Camp**

**Camp Mattatuck Pack Medication Listing**

In order to help facilitate the medical check-in process, we ask that you make a listing of your scouts who are on any medication. The State of Connecticut requires us to check-in all medication, prescription and over-the-counter. Please list the scouts in alphabetic order with all medication in their possession. If there is any question, write it down anyway. Make a copy for yourself and bring this form, the medical forms and medication to the medical re-check. Thank you.

Pack Number: \_\_\_\_\_

Den Number at Camp: \_\_\_\_\_

Print Clearly One Medication per line only:

<u>Scouts Name</u>	<u>Medication</u>	<u>Dosage</u>	<u>Notes</u>

## Extra Camp Photos

Pictures will be taken on Tuesday at the end of the day. Den Leaders, please be sure to arrange your scouts by height (tallest to shortest). Den Leaders who wish to have a picture may purchase one for \$8.00. Campers who wish to purchase additional den photos may also do so for \$8.00. **Order forms can be submitted to the Day Camp Office by Tuesday morning, and payment can be made at the Trading Post.**

We will call for pictures by den. Please have your scouts walk in order tallest to shortest to the photo area.

Name \_\_\_\_\_

# of Extra Pictures \_\_\_\_\_

Camp Den # \_\_\_\_\_

Make check payable to "CT Rivers Council"

# Camp Mattatuck Tie Dye Shirt

These 100% cotton T-Shirts are perfect for Tie Dye day to show your Camp Mattatuck Spirit! The shirts will have a Camp Mattatuck logo or theme. Shirts are \$8.00 each and checks can be made payable to "CT Rivers Council". Den Leaders can bring scouts money to the Trading Post at any time throughout the week to purchase shirts. It is den Leader's responsibility to hold onto the shirts until the tie dye process begins on Thursday. **Parents and Guardians, please send your order with payment to camp no later than Wednesday morning. Den Leaders, please bring these forms and payment to the Trading Post as soon as you receive them.**

Please indicate the size and quantity you would like:

Youth Medium	_____	x \$8.00	\$ _____
Youth Large	_____	x \$8.00	\$ _____
Adult Medium	_____	x \$8.00	\$ _____
Adult Large	_____	x \$8.00	\$ _____
Adult X-Large	_____	x \$8.00	\$ _____
Adult XX-Large	_____	x \$8.00	\$ _____
TOTAL AMOUNT DUE			\$ _____

Scout Name: \_\_\_\_\_

Camp Den #: \_\_\_\_\_

## **Medical Form Checklist**

It seems medical forms are by far the largest hurdle for a Unit coming for a week at summer camp. We offer the following suggestions and a checklist for checking forms.

- Start early! Most Doctors require an appointment for physicals. The more time you give your parents, the better success they will have at this.
- **Everyone must have a physical every year using the new BSA Medical form. Regardless of age, all scouts and adults are required to have a physical every year.** This must include the entire week at camp.
- Get a Pack Committee member to oversee the whole Medical Form process for your unit (maybe a RN or EMT if you're lucky).
- Get medical forms as early as possible to check them. Waiting until Sunday while you're trying to check-in to camp puts a lot of strain on Leaders and Parents.
- All medication is turned into the Nurse in pharmacy containers, each with a State medication form. The Nurse will decide what Scouts and Leaders may have with them in the campsite.
- Make a copy of these medical forms, camp will not be giving back forms handed in on Sunday (you keep the master, give us the copies).
- Let us help. Bring your medical forms on your Tuesday Night Program planning meeting and let us take a quick look.

### **Check Medical Forms for the following:**

1. Make sure that everything is filled out, Part A, B, C and D, including the emergency phone numbers. If parents are going away, who can make medical decisions for the child/person?
2. Current Parental Signature. Parents must sign every year.
3. Immunization record is filled out
4. It must be good for the **entire week** at camp not just 4 of the 6 days.
5. All medication in camp must be on the medication form and signed by both the parent and doctor. Medication must be in a pharmacy container when brought to camp.