

CAMP MATTATUCK CUB SCOUT DAY CAMP

The Camp Mattatuck Cub Scout Day Camp is an exciting, age appropriate program for young scouts. This guide will help to explain the fun and adventure that are waiting for you. We hope you'll take this occasion to read it and familiarize yourself with the program and the opportunities available. This will help to answer any questions that scouts or parents might have. Please read this carefully because some incredible changes have been made to the program for 2017!

Camp is ready and waiting for you and we look forward to meeting the needs of your scouts. We can be found on the web at www.campmattatuck.org or at the Council website www.ctrivers.org.

Our *summertime* contact information is:

Camp Mattatuck
221 Mt Tobe Rd.
Plymouth, CT 06782
Tel 860-283-9577 Fax 860-283-9577

Our Cub Scout Operations Coordinator, Kyle Fellows, can be reached at atkjf16br@sbcglobal.net if you have any questions.

Our Day Camp Program Director, Sarah Quirke, can be reached at mattatuckdaycamp@gmail.com if you have any questions.

Yours in Scouting,

The Camp Mattatuck Staff

Overview

The Camp . . . Camp Mattatuck is in Plymouth, CT. Established in 1939, the camp has 500 acres of land that is home to approximately 2,000 scouts per summer, spread over a 6-week period. This includes a Cub Scout Day Camp, a Cub Scout Resident Camp and a Boy Scout Resident Camp.

The Staff . . . The staff members are chosen by the Connecticut Rivers Council and are highly skilled. The Boy Scouts of America train department directors, as well as the Camp Director and Program Director, at their National Camping Schools.

Leaders orientation meeting . . . There is a pre-camp training meeting that is required of all adults who will be staying at camp for the day. You may attend either one. Parents are welcome and *encouraged* to attend. This meeting is the best place to have all your questions answered as well as tour the camp where you Scout will spend his week.



Saturday, June 24, 2017 10:00am-11:00am at the Cub Scout pavilion
or
Thursday, June 29, 2017 6:30pm-7:30pm at the Cub Scout pavilion

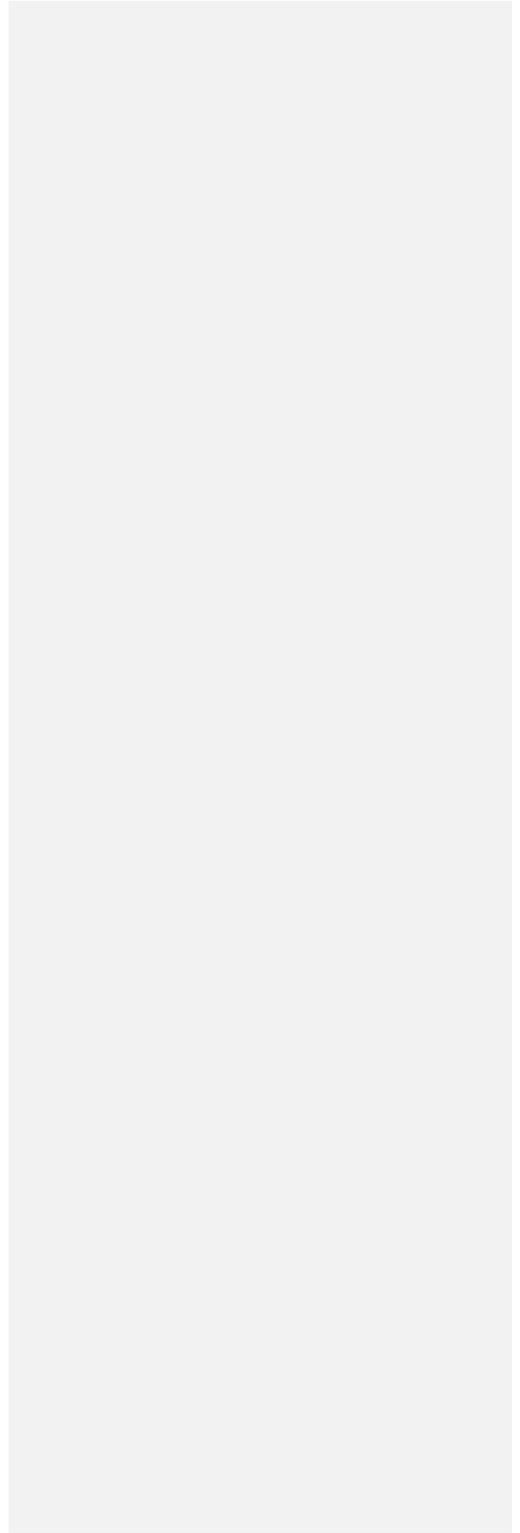
Arrival and Check-in . . . Check-in begins at **8:00 am** on Monday morning. Park in the parking lot and walk through the Pine Grove near the north side of the parking lot. This is where we will meet you and let you know which summer camp den you will be in.

You will need:



1. A completed BSA Annual Health Medical form. A completed medical form is needed to attend day camp and signed by a parent within the past 1 year. The forms are found at www.campmattatuck.org under "Downloads"
2. Any medication that needs to be administered by us during the day camp and a completed "Authorization for Administration of Medication". This form is also found at www.campmattatuck.org under "Downloads"
3. Any balance due. Checks can be made out to "Connecticut Rivers Council". All dues are paid at the Trading Post. You may walk down to the Trading Post, make your payment, and come back to complete your scout's check in.

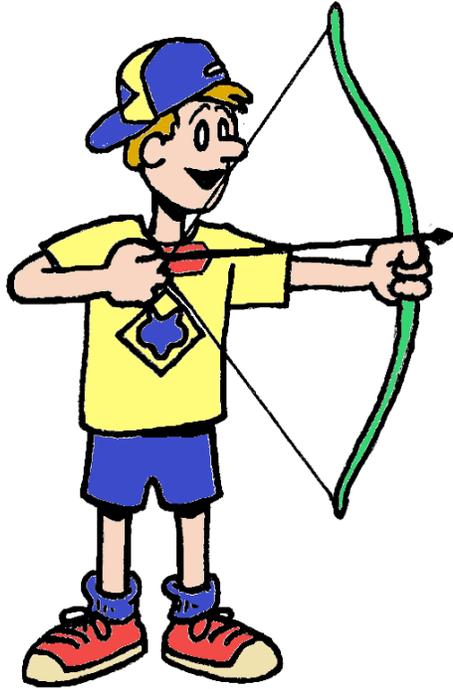
All medication must be turned in to the Camp Nurse. All adults in camp must also have completed medical forms. They are available at www.campmattatuck.org, under "Downloads". (Be sure to have Parts A, B, C, & D of the medical form. Part C must be signed by a doctor).



A Typical Day . . . *The day starts out with the morning flag ceremony at 8:40am.*

Introductions of the staff and fun will get things going. During the day, the dens attend various activities (see program section); it is at Archery and BB ranges where they learn how to shoot safely. It is during instructional swimming each day that every scout can improve their skills or learn new ones while having fun in the water. Scouts will also have the opportunity to play games as well as make a few things to bring home.

Deleted: -



Program Section

Parent's Barbeque dinner . . . Wednesday afternoon is Parent's Night. Parents are invited to come up starting at **4:30 PM**. The Day Camp Campfire starts at **5:00pm**. Come up and join in on the fun, singing, cheers, stunts, and skits! You never know what lunacy the scouts and staff might be up to; plus you're never too old to embarrass yourself. Feel free to bring a chair while enjoying the fire! There will be no structured activities after the Day Camp Campfire for scouts. There will, however, be a **full BBQ** in the Picnic Grove after the Day Campfire. The cost is **\$10 per adult**, and **\$8 per child under 12 years old**. There will be a larger Camp Mattatuck-wide campfire at **8:00pm** where Resident Scouts and Staff will perform silly songs and skits. Feel free to stay and enjoy the fun!



Nature Center . . . The Nature Center is open for scouts to visit. Our staff works hard to set up displays and activities that get the scouts involved with nature and conservation. Activities such as nature hikes, trees and shrubs, deep woods hike, and Leave No Trace are available.

Aquatics . . . Here scouts will have fun playing in the water while they learn some swimming techniques and aquatic safety. **Scouts should arrive to camp prepared to go swimming.** Changing stations are available right at the waterfront for scouts to change clothes after being in the water.

Archery, BB, and Slingshot Ranges . . . Scouts are instructed in the safety of shooting. Scouts must have an annual orientation at each range before they are allowed to use the equipment.

On the Archery Range, scouts are shown the proper and safe use of archery equipment. For a number of reasons, scouts and adults are **not** allowed to bring any kind of bow or arrow to camp.

The BB range offers 8 bays for scouts to improve their marksmanship. Under **NO** circumstances can anyone bring firearms or ammunition to camp. Hints from our trained staff will certainly improve a scout's aim.

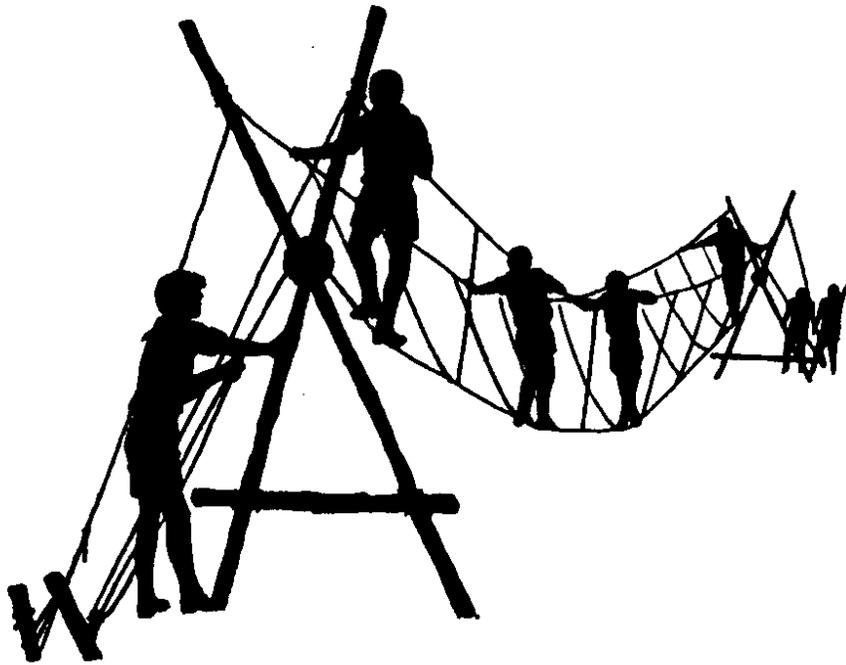
The Slingshot range gives scouts the opportunity to try to hit unique targets. All materials needed for slingshots are provided at camp, as well as 1:1 staff support for each scout shooter.

Scout Skills . . . The Scoutcraft area offers a wide range of skills and demonstrations for scouts and units. Activities such as flag ceremony etiquette and knot tying are essential at Scoutcraft!



Arts and Activities. . . and thermo nuclear reactors (just wanted to see if you were paying attention). There is more information below about tie dye shirts!

Outdoor Sports. ..Scouts will have the opportunity to participate in special activities like bouldering, mountain biking and much more!



Administration Section

Unit Leadership . . . Units in camp must be under the supervision of their adult leaders and must have at least two leaders in camp at all times. One leader must be at least 21 years of age, the other at least 18, both approved by the unit's Chartering Organization. Although we know it is difficult for an adult to take a week to come to camp, to do otherwise is tough on the Scouts. We must ensure that each Scout has a quality experience. That only happens when a full time leader is there. We take a great deal of time to explain camp, as it is operation and program. When a pack has rotating leadership, the unit suffers and new leaders don't know what to expect. We highly suggest having consistent leadership throughout the week to benefit the den as a whole.

Health Lodge . . . Camp Mattatuck's Health Lodge is covered 24 hours a day by a registered nurse. If a scout or adult has to take medication during camp, the Camp Nurse must dispense it (State of CT rules for youth camps). All medication for scouts and adults is to be checked in during check-in on Monday morning. The Nurse will dispense any medication in camp.



A word on medication in camp. . .

The Connecticut Department of Public Health is very stringent with what campers may and may not have in their possession while at camp. All prescription medications must be in original pharmacy containers labeled with name of patient, date prescription was filled, pharmacy phone number, name of medication, dosage and schedule for taking, prescribing doctor and expiration date of medicine.

This is especially important for controlled drugs like Ritalin and mood-changing drugs like Prozac. *NO MEDICATION* is allowed in zip-lock bags or little jars or envelopes with the scouts name and “*take yellow pill once a day*” labeled on it. This is for prescription and over-the-counter drugs alike.

Pharmacists are very good about making a labeled pill bottle for parents who prefer to send only what is needed for the camp period; both over-the-counter and prescription drugs.

State regulations require that no prescription or non-prescription medication be administered without current, annual, written, parent and MD permission. Parent permission and other state-required information such as allergies, side effects, and start/stop dates must be obtained for each medication. Please fill out a separate State of CT “Authorization of Medication” form for each medication taken at camp; it is similar to those used by most schools and may be found at www.campmattatuck.org under “Downloads”.

We ask that those with serious allergies requiring emergency medications have an action plan completed by their physician. Most allergists are familiar with these plans. If the doctor does not have a standard form for this purpose, a sample can be downloaded from the above website also. It must contain the MD and parent permissions mentioned above.

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Emergencies . . . If a serious problem occurs outside camp and a scout or adult needs to be reached, the Camp Office should be called. The number is (860) 283-9577 and a message will be given to the person when they are located.

The Trading Post . . . A Trading Post is available at camp. We sell scouting supplies, patches, candy, soda and ice cream. The Trading Post will be available for **den leaders** to pay for tie dye t-shirts, and camp fees. It will be open during **Den Time on Monday, Tuesday, and Wednesday**, as well as varying times throughout the day. Scouts can only attend with appropriate leadership.

Restrictions . . . There are certain things not allowed at Camp for the health and safety of everybody, including:

- No pets (This includes check-in and family night)
- No alcohol or drugs
- No mini-bikes or personal bicycles
- No smoking in front of scouts
- No personal firearms, ammunition
- No personal archery equipment
- No fireworks
- No bare feet walking around camp
- Only full foot shoes are allowed, no sandals or Crocs

Valuables . . . Camp Mattatuck, its Staff and Connecticut Rivers Council will not be responsible for individual camper or troop valuables while in camp. Scouts are advised to bring as few valuables as possible (leave the electronics home).



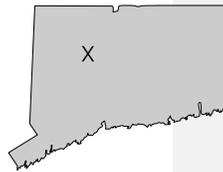
Pictures . . . We will take a group photo and each scout will receive one 5x7 photo of their camp den. Additional photos may be purchased for \$8. Please notify the Camp Director by Tuesday morning and purchase one in the Trading Post if you wish to receive an additional photo.



Directions . . . Camp Mattatuck is on Route 262 / Mt. Tobe Road in Plymouth CT.

From Rt. 6 in the Center of Plymouth, it's 3 miles south on Route 262 on the left, just past the Waterbury Airport and just before Gentile's Campsites.

From I-84, take Route 8 North in Waterbury and take the Route 6 East, Exit 39. At the bottom of the ramp, turn right. Follow till the 1st traffic light/top of the hill; turn right on Route 262, Camp is 3 miles on the left past the Waterbury Airport and just before Gentile's Campsites.



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Checkout . . . Pickup is at Camp Mattatuck will begin at **4:45pm** and end at **5:00 pm** each day. Parents are required to sign out their Scout at their Den tent. Please be on time. We do not have extra staff to supervise the Scouts after 5:00 pm.

Special Skills . . . Do you or other adults in your pack have special skills or talents that could enrich the program we offer? If you do and are willing to share time and talent during the week you are at camp, we can probably work out a schedule that will permit you to attend to your duties as a unit leader as well as sharing your skills with Scouts from other dens. These valuable adults help lower our teacher to scout ratio and bring a special flavor with their experience and stories. Please help us and take advantage of what we have to offer. Come on give it a try!

Please complete the Leaders Resource sheet which is found later in this guide.

Final Note . . . Well, if you have read this far in one sitting, our compliments. This book is designed to allow pack leaders to begin to plan their summer camp experience. The more prepared you are when you come to the Orientation meeting, the easier the planning will be and more enjoyable week the scouts will have. While everything listed in the book is a planned program for the summer and we expect to do it all, please realize the following: Sometimes it becomes necessary to change the offered programs or activity badges. This could be due to any number of things, staff limitations, equipment limitations, weather, etc. While we do not expect to change anything, sometimes it's unavoidable. All we ask is for your understanding should this happen and we all know that summer camp runs perfectly smooth every waking second, right???



Camp Mattatuck

Adult Leader Resource Form

Leaders are an exceptionally valuable resource in camp. They possess a wealth of skills, knowledge and training. We would like each leader staying in camp to fill out one of the resource forms and return it to camp at the Leader Orientation Meeting before your unit comes to camp. You could also fax it to (860) 283-9577 or email it to mattatuckdaycamp@gmail.com. We hope that you will spend some of your time assisting us in providing a quality camp program to your scouts.

Leaders Name _____ Pack _____

Please indicate the program area(s) that you would be willing to assist during your week at camp. Please circle or highlight those you would like to assist:

Nature

Waterfront

Scoutcraft

Arts and Crafts

BB Range

Archery Range

Citizenship

Please list any technical skills that you are willing to perform at camp? _____

Is there any other way in which you would like to assist us while you are in camp? _____

Please return this form to us at camp or fax to (860) 283-9577 (during the summer) or email to usagymet@aol.com.

*Camp Mattatuck
221 Mount Tobe Rd
Plymouth, CT 06782*

Camp Mattatuck Program Guide

Please use this checklist to help you plan your week at summer camp

<i>Unit Checklist for Summer Camp</i>		
Completed	Notes such as who	Task
Months & Months before camp. . .		
		Review medical form needs. Everyone needs an annual medical. Get the process started now so parents can make appointments for physicals. Let parents know now what the medication policy is (pharmacy bottles which are turned into the nurse, forms for each medication). You must use the BSA medical form found at www.campmattatuck.org .
		Select the adult leaders for camp (one 21+, one 18+). A good rule of thumb is 2 adults for the first 10 scouts and one adult for every 5 after that.
		Talk it up with the Scouts. Show videos, slides, pictures, make it a "Must Attend Event". Offer a Camp Promotion to your families at a Pack event.
Before March 1st		
		The earlier you register, the better your chances are to get the week you prefer.
Before May 15th		
		Make your Unit's payment on line at www.ctrivers.org . Remember that any scouts can still sign up after this date but they will pay a late fee.
May-June time frame		
		Collect and check-over the unit's medical forms, use the medical form checklist in this book. Make copies of the medical forms to give us at camp (we do not have a photocopier for you to use). We keep the forms you give us, they will not be returned.
		Let adults know that they can take online training in many areas at home before they come to camp. These are open to any adult, not just the ones staying with the scouts. The available sessions are Climb on Safely (needed for any unit climbing activity, including rock climbing gyms), Safe Swim Defense, (swimming), Safety Afloat (boating), Trek Safely (trip planning), Leave No Trace (low impact camping). These Training Programs as well as Youth Protection (mandatory for all adults) can be taken online at www.olc.scouting.org .
Then Go To Camp. . . . execute the plan.		

Medical Form Checklist

It seems medical forms are by far the largest hurdle for a Unit coming for a week at summer camp. We offer the following suggestions and a checklist for checking forms.

- Start early! Most Doctors require an appointment for physicals. The more time you give your parents, the better success they will have at this.
- **Everyone staying at day camp must have a physical every year using the BSA Medical form (Parts A, B, C, D). Regardless of age, all scouts, siblings and adults are required to have a physical every year.** This must include the entire week at camp.
- Get a Troop Committee member to oversee the whole Medical Form process for your unit (maybe a RN or EMT if you're lucky).
- Get medical forms as early as possible to check them. Waiting until Monday while you're trying to check-in to camp puts a lot of strain on Leaders and Parents.
- All medication is turned into the Nurse in pharmacy containers, each with a State medication form.
- Make a copy of these medical forms, camp will not be giving back forms. You keep the master, give us the copies.
- Often camp staff is available during the month of June. If you would like to drop your forms off early, please email quirkesar@gmail.com and schedule a time to stop by. This is a SUPER way to save time on the Monday you arrive at camp!

Check Medical Forms for the following:

1. Make sure that everything is filled out including the emergency phone numbers. If parents are going away, who can make medical decisions for the child/person?
2. Current Parental Signature. Parents must sign every year.
3. Immunization record is filled out.
4. It must be good for the **entire week** at camp not just 4 of the 5 days.
5. All medication in camp must be on the medication form and signed by both the parent and doctor. Medication must be in a pharmacy container when brought to camp.

What To Bring To Camp

Here is a suggested list for scouts. Double check the list carefully. We suggest that each item of clothing be labeled with the scout's name.

Bring these in a backpack:

- Completed Medical Form
- Any medications needed during the day with original prescription label.
- Towel
- Wear bathing suit to camp
- Change of clothes
- Hat
- Water bottle
- Sunscreen (cream only, no sprays)
- Bug repellent (wipes or cream, no spray)

Bring your own paper bag lunch and drink. Label the outside of the bag with the scout's name. We will refrigerate them. Please note on the bag if peanut/nut products are included inside.

Please leave at home radios, comic books, game systems, cell phone etc. Articles such as these tend to detract from the scouting atmosphere that should prevail in a Scout Camp.



Camp Mattatuck Tie Dye Shirt

These 100% cotton T-Shirts are perfect for Tie Dye day to show your Camp Mattatuck Spirit! The shirts will have a Camp Mattatuck logo or theme. Shirts are \$8.00 each and checks can be made payable to "CT Rivers Council". Den Leaders can bring scouts money to the Trading Post at any time throughout the week to purchase shirts. It is den Leaders responsibility to hold onto the shirts until the tie dye process begins on Thursday. **Parents and Guardians, please send your order with payment to camp no later than Wednesday morning. Den Leaders, please bring these forms and payment to the Trading Post as soon as you receive them.**

Please indicate the size and quantity you would like:

Youth Medium	_____	x \$8.00	\$ _____
Youth Large	_____	x \$8.00	\$ _____
Adult Medium	_____	x \$8.00	\$ _____
Adult Large	_____	x \$8.00	\$ _____
Adult X-Large	_____	x \$8.00	\$ _____
Adult XX-Large	_____	x \$8.00	\$ _____
		TOTAL AMOUNT DUE	\$ _____

Scout Name: _____

Camp Den #: _____

Extra Camp Photos

Pictures will be taken on Tuesday at the end of the day. Den Leaders, please be sure to arrange your scouts by height (tallest to shortest). ALL youth campers will receive a free picture. Den Leaders who wish to have a picture may purchase one for \$8.00. Campers who wish to purchase additional den photos may also do so for \$8.00. **Order forms can be submitted to the Program Director by Tuesday morning, and payment can be made at the Trading Post.**

We will call for pictures by den. Please have your scouts walk in order tallest to shortest to the photo area.

Name _____

of Extra Pictures _____

Camp Den # _____

Make check payable to "CT Rivers Council"

Camp Mattatuck BBQ Sign Up Form

Parents and Guardians, please send your order with payment to camp on Monday Morning. Den Leaders, please bring these forms and payment to the Program Director by 5pm on Monday.

Den #: _____ **Den Leader Name:** _____

Name of Scout(s): _____

of Adults (@ \$10 per person): _____

of Children under 12 years old (@ \$8 per person) _____

Total # of individuals eating _____

Amount of \$ _____